

# HIGHLANDS

## *Happenings*

### CONTACT INFORMATION

## Main Office

**Mon - Fri 10 am - 4 pm**

Phone: (262) 447-8737 Fax: (262) 251-3330

N77W17700 Lake Park Dr.

Menomonee Falls, WI 53051

#### DIRECTOR

Timothy Cross

WildwoodLake@ardenpropertygroup.com

#### ASSISTANT MANAGER

Chloe McPherson

WildwoodLake@ardenpropertygroup.com

#### LEASING

**Mon - Fri 10 am - 5 pm**

Phone: (262) 447-8737

#### LEASING SPECIALIST

Marissa Mueller

#### MAINTENANCE

**Mon - Fri 8:30 am - 4:30 pm**

Phone: (262) 447-8737

Evenings & Weekends (AnSer)

EMERGENCIES ONLY (800) 263-6148

#### MAINTENANCE TEAM

Joel Roskopf

#### HOUSEKEEPING TEAM

Sandra Chatmon

### UPCOMING SPOTLIGHT EVENTS



#### Origami & Green Tea

**THURSDAY, JULY 9TH AT 2:00 pm**

**COMMUNITY ROOM**

Enjoy a tranquil afternoon learning a couple of simple origami designs while sipping soothing green tea.

**\$5 per person. RSVP by Sun, July 5th.**



#### Wellness Bingo With Orange Shoe

**THURSDAY, JULY 16TH AT 11:00 am**

**COMMUNITY ROOM**

Join Orange Shoe for fabulous prizes, jokes and a refreshing beverage. Please bring insurance card for Orange Shoe to verify.

**This is a free event. RSVP by Fri, July 10th.**



#### July Movie Mingle

**FRIDAYS, JULY 17TH & 31ST, AT 2:00 pm**

**MOVIE THEATER**

Join us for "I Can Only Imagine 2" on the 17th and "Project Hail Mary" on the 31st. Join your friends for a fun time!

**This is a free event.**



#### International Tasting Tour

**FRIDAY, JULY 24TH AT 1:00 pm**

**COMMUNITY ROOM**

Come down for a fun afternoon featuring a surprise menu with small bites from around the world, catered by The Chef's Daughter.

**\$16 per person. RSVP by Thur, July 16th.**



#### World Trivia

**TUESDAY, JULY 28TH AT 2:00 pm**

**COMMUNITY ROOM**

Join us for a fun and challenging afternoon of world trivia! Compete for prizes and learn some fun facts along the way.

**\$5 per person. RSVP by Tues, July 21st.**



**HIGHLANDS**

AT WILDWOOD LAKE

Apartments 55+



## RESIDENT REMINDERS

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### Common Area Temperatures

Community Room & Library temps are set to 72°-74° and hallway temps are set to 70°. Please contact the Resident Services Office if you notice any problems.

### Sustainable Shopping

Looking to cut down on the packaging you bring home? Refilleries are stores where customers bring their own clean reusable containers to refill bulk products like household and personal care goods and even certain groceries. To find refillery options near you, visit the website [refill.directory](http://refill.directory).

### Pest Control

Please let our Resident Services Office know if you would like our monthly pest control services to visit your apartment — report all pests promptly!

### Store Items in Designated Areas Only

As the weather warms up, more residents will bring out bicycles, scooters and other outdoor equipment. Please remember to store these items in designated storage areas only.

Keeping entrances and hallways clear ensures safe passage for all residents and emergency personnel.

### New Team Member Spotlight - Marissa!



Leasing Specialist

We're excited to welcome our new Leasing Specialist, Marissa Mueller, to the team! With a strong passion for customer service and a keen eye for detail, she's dedicated to helping future residents find the perfect place to call home. Originally from West Bend, WI, Marissa's small-town roots and time at UW-Eau Claire shaped her adventurous spirit. A passionate reader and proud dog parent to

Clover, she loves meaningful moments — from new books to cozy coffee shops. Help us welcome her!

## ON-SITE & LOCAL SERVICES

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### Salon

**Thursdays 9 am - 3 pm & Fridays 9 am - 1 pm**

**Every other Wednesday 9 am - 1 pm**

Phone: (414) 687-4873 Credit cards not accepted.

**STYLIST** - Becky

### Hearing Aid Service

**Call to Schedule an Appointment**

Phone: (414) 315-3149 Technician - Margie Roman

Many services are performed free of charge.

### Health Markets

**COMMUNITY ROOM** Phone: (262) 424-1498

2nd Wednesday of each month 9:30 am - 10:30 am

Insurance Rep: Dave Keddie

Q&A session for Medicare and insurance-related issues.

Call for a one-on-one appointment.

### Podiatry Service

**Call to schedule an appointment in-home**

Dr. Trejo Phone: 414-483-5566 (Billable to Insurance)

### Spectrum Cable

**CUSTOMER SERVICE** (833) 697-7328

WILDWOOD LAKE ACCOUNT #8348 10 200 0214229

### WE Energies

**CUSTOMER SERVICE** (800) 242-9137

### Johnson Bus

**CUSTOMER SERVICE** (262) 251-4230

### City Government

**MAIN PHONE** (262) 255-8300



# WHAT'S COOKING

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## Red, White and Blue Parfaits

These patriotic parfaits are easy to make and healthy and will add a blast of flavor to your summertime meals and celebrations.

### Ingredients:

- 1 cup fresh blueberries, washed and drained
- 1 6-ounce container Greek yogurt (Vanilla, lemon or coconut flavors work best.)
- 1 cup raspberries, washed and drained
- Whipped cream for garnish

### Directions:

Assemble parfaits by layering the blueberries, yogurt and raspberries into 2 or 3 short, clear drinking glasses or pint-sized glass jars. Start with a layer of berries, then add a layer of yogurt and finish with the raspberries. Top each parfait with a dollop of whipped cream and a few berries.

Tip: If making ahead of time or to thicken the yogurt layer, drain yogurt on paper towels for several minutes to absorb some of the liquid.

Find more recipes at  
[Culinary.net](http://Culinary.net).



## Summer ABCs

**D** is for Days of lounging around

**O** is for the Ongoing heat

**G** is for Green Grass

**D** is for Drinking lots of water

**A** is for All the yummy summer treats you can eat

**Y** is for Yellow lemonade to cool you down

**S** is for Sunscreen to protect you

# CELEBRATING FREEDOM

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## The Fourth of July & America's 250th Birthday

As summer arrives and July 4th approaches, we are reminded of a day that has united Americans for generations. This year holds even greater meaning as we celebrate not only Independence Day but also the 250th anniversary of the United States — a remarkable milestone in our nation's history.

On July 4, 1776, the Declaration of Independence was adopted, marking a bold step toward freedom from British rule. Those who signed it risked everything, driven by ideals of liberty and equality that still resonate today. Early celebrations included bonfires, bells and public readings — and soon after, fireworks became a lasting tradition, lighting up the sky in honor of that historic moment.

Over 250 years, America has grown from 13 colonies into a diverse and innovative nation. Many of you have witnessed incredible changes firsthand — from simpler times to today's fast-paced world — making your experiences an important part of this ongoing story. For many, the Fourth of July brings back fond memories of parades, family picnics, patriotic songs and fireworks

under warm summer skies. While traditions may evolve, the spirit of togetherness and gratitude remains strong. As we celebrate this special anniversary, let's reflect on the freedoms we enjoy, the history we share and the communities we've built together.

Here's to 250 years of resilience, progress and pride — and to the memories still being made. Happy Fourth of July!



# PAST ACTIVITIES & RECREATIONAL EVENTS



## JUST FOR FUN

### Celebrating Our Semiquincentennial

This 18-letter mouthful is the name for the 250th anniversary of the signing of the Declaration of Independence on Saturday, July 4. Many buildings will be closed on Friday, July 3, in observance of the country's birthday.

### Independence Day by the Numbers

150 million. Hot dogs eaten on the Fourth of July.  
56. Signers of the Declaration of Independence.  
2.5 million. Approximate population of the U.S. in July 1776.  
342 million. Approximate population of the U.S. today.

## CONGRATULATIONS

### Who Won \$100?

Our lease renewal drawing winner is Sue Y.!

